

version:1.1

LIFESMART

User Manual

Activity & Sleep Tracker
LS-932



- Thank you very much for selecting the LifeSmart Activity & Sleep Tracker LS-932.
- Please do read the user manual carefully and thoroughly so as to ensure the safe usage of this product, and keep the manual well for further reference in case you have problems.

CE Bluetooth
ENABLED

Manufactured For: GENESIS BIOTECH PTY LTD
Address: Level 1, 16 McDougall Street, MILTON QLD
4064 www.mylifesmart.net.au

CONTACT US

For Australia & New Zealand
customers support@mylifesmart.net.au
Australian customers 1300 110 155

LIFESMART











Table of Contents

Symbol Meaning	
Symbol Meaning	2
Overview	
General Instructions	3
Device Components	3
OLED Display	4
Initial Start-Up	
How to Turn on the Activity & Sleep Tracker for Your First Use	5
How to Charge the Power	5
Install the App and Pair-up	6
How to Wear the Activity & Sleep Tracker	7
Start Measuring	
How to Use	8
How to View the Data	9-10
Troubleshooting	11-12
Specifications	13
Maintenance	14
Warranty	14
Warning	14
Activity & Sleep Tracker Care	15
Built-in Battery Care	15
Health Disclaimer	15
Other Notes	15

♥ Symbol Meaning

The warning signs and symbols are essential to ensure your correct and safe use of this product and protect you and others from injury. Please kindly find the meanings of the warning signs and symbols, which you may encounter in the label and user manual, as follows:

	Symbol for "THE OPERATION GUIDE MUST BE READ"
	Symbol for "Including RF transmitter"
	Symbol for "DIRECT CURRENT"
	Symbol for "MANUFACTURE DATE"
	The Bluetooth Combination Mark
	Symbol for "MANUFACTURER"
	Symbol for "COMPLIES WITH EU REQUIREMENTS"
	Symbol for "ENVIRONMENT PROTECTION – Waste electrical products should not be disposed of with household waste. Please recycle where facilities exist. Check with your local authority or retailer for recycling advice"

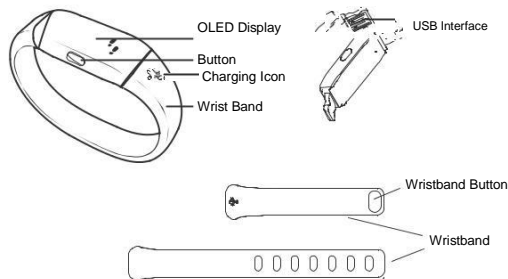
♥ General Instructions

Thank you for selecting LifeSmart Activity & Sleep Tracker LS-932. This device is used for measuring steps walked, distance covered, consumed calories and monitoring sleep quality. This device is Bluetooth 4.0 enabled. It is supported with the LifeSmart smartphone application. The data in the Activity & Sleep Tracker is wirelessly uploaded to the smartphone application which supports Bluetooth 4.0.

The user can access the data anywhere and at anytime. Main Features:

- Support the Bluetooth 4.0 technology
- OLED display
- Display steps walked, distance covered, the consumed calories and the current time
- Track the quality of sleep
- Alarm clock vibration reminder function (this function can be set on the app)

♥ Device Components



♥ Box Contents

- Activity & Sleep Tracker LS-932 (including Polymer Lithium Battery)
- User Manual
- Wristband (large and small)
- Warranty Card

♥ OLED Display

SYMBOL	DESCRIPTION
	Steps
	The Current Time
	The Consumed Calorie (kcal)
	The Walking Distance (km)
	Alarm Clock Press the Button Can Stop the Alarm Clock
	Sleeping Mode The Moon Icon Blinks

♥ How to Turn on the Activity Tracker

To save the battery the device is hibernated or in shipping mode before first use. To activate the device, please press and hold the key for 8 - 10 seconds, then the device will recover to normal mode.

NOTE

- (1) When the device is in the shipping mode, if you charge the power, it will divert to the normal mode, then you can start your measurement.
- (2) When the shipping mode is removed, the Activity & Sleep Tracker will display the initial time: 0:00.
- (3) After pairing up with the mobile phone, the Activity & Sleep Tracker will download the time from the mobile phone, and it will display the current time.

♥ How to Charge the Power

When the OLED displays the following symbol, it reminds you to charge the power or the battery is almost empty.



Connect the USB interface with the computer to charge the device battery.



When the device is charging, the OLED will display as the following picture. The power symbol blinks.



The OLED displays as the following picture, it means the charging is complete.





NOTE

The Mini USB port is only used for charging the power, but can not be used for transmitting the data to the computer. Batteries (battery pack or batteries installed) shall not be exposed to excessive heat such as sunshine, fire or the like.

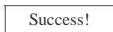
♥ Install the App and Pair-Up

- Download and install the LifeSmart app in your smartphone which supports Bluetooth 4.0 technology.
- Turn on Bluetooth and the App. Make sure both are ON when pair-up is proceeding.
- When the OLED is on, press and hold the button on the Activity & Sleep Tracker about 8 - 10 seconds to start pair-up.

Symbol  and symbol  will be shown on the OLED alternatively, indicating pair-up is proceeding.



If SUCCEED, symbol "Success!" will be shown on the screen.



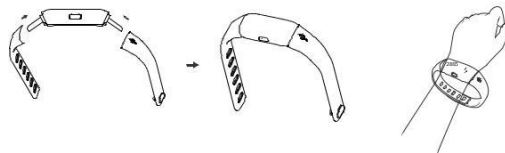
If FAIL, symbol "Fail!" will be shown on the screen.



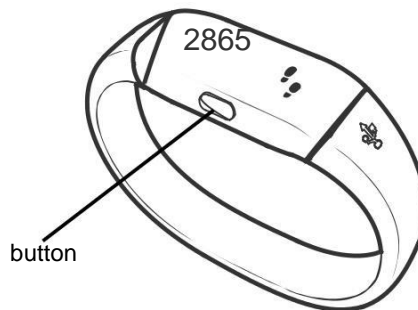
To finish, set your weekly goal (70,000 steps / week is the goal recommended by the WHO).
The measuring data will be transmitted to your device which supports Bluetooth 4.0 technology when the pair-up is successful.

♥ How to Wear the Activity & Sleep Tracker

- For first wear, insert the wristband which has the USB icon into the USB interface of the Activity & Sleep Tracker.
- Insert the wristband which has the button hole into the other interface of the Activity & Sleep Tracker.
- Wear the Activity & Sleep Tracker just like wearing a watch. Remember the wristband which has USB icon on it must face to you.
- Press the wristband button into the wristband button hole to adjust the suitable wristband length.
- Then you can start your measurement.

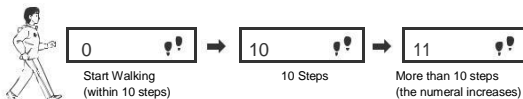


Whether you wear it on your left or right arm, please make sure that the button is oriented to your arm and not to your hand.



♥ How to Use

Follow the instructions in the manual to wear the Activity & Sleep Tracker. Then it can start the measurement.



The measuring data will be transmitted to your smartphone which supports Bluetooth 4.0 technology if you have paired up with it, with help of your free LifeSmart app.



♥ How to View the Data

When the screen is off, and there is enough power, press the button on the activity tracker, the screen will display your activity achieved.

Note: all data are reinitialized to 0 at midnight but data are saved in the device during 7 days if they haven't been synchronized with the app.

Number of steps 2715	Distance 2.36
Calories burned 158.4	Time 10:43

When the battery is almost empty, this first symbol will be displayed on the screen each time you activate the device with the button. The second symbol is displayed when the battery is completely empty and the device is not working anymore until you recharge it.

Battery almost empty 	Battery empty
--------------------------	-------------------

⚠ CAUTION

Note: The data of the day will be cleared to zero automatically when the time is 00:00. The data cannot be cleared to zero manually.

♥ Tracking Sleep on Your Mobile Device

The Activity & Sleep Tracker can track the hours you sleep and your movement during sleep to help you understand your sleep quality. You can track your sleep using the app on your mobile device.

To enter sleep mode, press and hold the button on the side of the Activity & Sleep Tracker. You will feel a vibration and a moon icon will flash on the display, indicating that sleep mode has begun.



When you wake up, exit sleep mode by pressing and holding the button until it vibrates. The moon icon will disappear from the display.



♥ Alarm Clock Reminder Function

The Activity & Sleep Tracker has the Alarm Clock Reminder Function. You can set the alarm clock through the app on your mobile device. Then press the button of the Activity & Sleep Tracker to finish the setting.

When the setting time is coming, the Activity & Sleep Tracker vibrates, displays the current time, and the alarm clock icon blinks. The intensity of vibration will increase gradually.


Press the button on the side of the Activity & Sleep Tracker to stop the vibration in five minutes. Otherwise, it will stop vibration five minutes later automatically. At this moment, the Activity & Sleep Tracker will display the current time and the unblinking alarm clock icon.

♥ Troubleshooting

Problem	Root Cause	Solution
Fail!	Failure of pairing up	Please check below items: -Bluetooth is ON. -App is ON. -Both devices are within the transmission distance of Bluetooth.
Abnormal measuring results: Huge difference between two recent measurement.	Incorrect portable fashion make the device has irregular shaking	Use the correct portable fashion, avoid that the Activity & Sleep Tracker has irregular shaking
	Less than 10 steps	Continue to walk more than 10 steps

Problem	Root Cause	Solution
No display on OLED when the device powers on.	The power is not enough.	Charge your activity tracker.
	The device didn't log out the shipping mode for the first measurement.	Long press button for 8 - 10 seconds, the device will recover to the normal mode.
The device powers off.	Low battery.	Please charge your activity tracker.
Data transmission failed.	Bluetooth is OFF.	Turn ON the Bluetooth in your smartphone
	The App is OFF.	Press the icon to turn ON your app.
	Out of range of Bluetooth transmission.	Place your device which supports the Bluetooth 4.0 technology closer to the Activity & Sleep Tracker.

♥ Specifications

Product Name	Activity & Sleep Tracker (LS-932)
Dimension	195x20x10 mm (Approximately)
Net Weight	Approx. 19 g
Display	Blue OLED V.A.:22.4mm x 5.6mm
Steps	0-120000 steps, division 1 step
Calories	0-12000.0 kcal, division 0.1 kcal
Exercise Time	0-23 hours and 59 minutes, division 1 minute
Battery Grade	1-7 grade, division 1 grade
Battery Life	≥7 days when fully charged and doing sports for 8 hours per day
Power Source	3.7V / 70mAh polymer lithium battery, Input:5V  60mA
Working Environment	Temperature: 0°C to 40°C Relative Humidity: ≤90% RH Atmospheric Pressure: 80 kPa ~ 106 kPa
Storage Environment	Temperature: -20°C to 60°C Relative Humidity: ≤90% RH Atmospheric Pressure: 50 kPa ~ 106 kPa
Accessories	1. Wristband (large and small) 2. User Manual 3. Warranty Card
Distance	about 65.36km
Accuracy of steps	500±20 steps

About the Accuracy of This Product

This product passes strict inspection before delivery and therefore its accuracy is guaranteed by the manufacturer. Please refer to the above table for the descriptions on accuracy.

WARNING: No modification of this equipment is allowed.

♥ Maintenance

When carrying out usual maintenance, please ensure practice of the following Do's and Don'ts:

- DO use a dry soft cloth to wipe the dust.
- DO use a wet soft cloth, dipped into water and wrung out, to wipe the dirt. Then use a dry soft cloth to dry up the device.
- DON'T wash the device with water or immerse it in water.
- DON'T use propellant, abrasive or other chemicals to wipe the dirt in avoidance of discolor or malfunction.
- DON'T disassemble this device. If you have any problems, please contact LifeSmart. (Please refer to [Warranty](#) for contact information)
- Charge the power once for every 3 months, or at least once for half a year, if the device is not likely to be used for a long time.

♥ Warranty

- LifeSmart warrants its products free of defects in materials and workmanship in normal use for a period of ONE year from the date of retail purchase.
- This warranty does NOT cover damages caused by misuse or abuse, including but not limited to:
 - Failure caused by unauthorized repairs or modifications;
 - Damage caused by shock or drop during transportation;
 - Failure caused by improper operation inconsistent with the instructions stated in this user manual;
 - Malfunction or damage from failure to provide the recommended maintenance;
 - Damage caused by improper use of power supply.
- Should this device require maintenance (or replacement at our option) under warranty, please deliver the original package to GENESIS BIOTECH PTY LTD. Please return the store receipt (with the retail purchase date) and a note with reasons to return on it as well.

GENESIS BIOTECH PTY LTD
Level 1, 16 McDougall Street, MILTON QLD 4064
www.mylifsmart.net.au

♥ Warning

While your Activity & Sleep Tracker is designed to be worn 24/7, its components are electronic and susceptible to damage if used improperly. Please read the safety guidelines on the following pages to ensure proper use and care.

♥ Activity & Sleep Tracker Care

- Do not expose your Activity & Sleep Tracker to liquid, moisture, humidity, or rain while charging. Exposure of the Activity & Sleep Tracker to moisture while charging could result in electric shock.
- Do not tamper with or abuse the Activity & Sleep Tracker. For example, without limitation, do not drop, disassemble, open, crush, excessively bend, deform, puncture, shred, microwave, incinerate, paint, or insert foreign objects into the Activity & Sleep Tracker.
- Do not use abrasive cleaners to clean your Activity & Sleep Tracker.
- Do not expose your Activity & Sleep Tracker to extremely high or low temperatures.
- Do not leave your Activity & Sleep Tracker near open flames such as cooking burners, candles, or fireplaces.
- Do not bring your Activity & Sleep Tracker into contact with any sharp objects. This could cause scratches and damage.
- Do not insert anything into your Activity & Sleep Tracker unless otherwise specified in the user instructions. This may damage the internal components.
- Do not attempt to repair, modify, or disassemble your Activity & Sleep Tracker; it does not contain any user-serviceable components.

♥ Built-in Battery Care

- Do not attempt to replace your Activity & Sleep Tracker's battery. It is built-in and not changeable.
- Only charge the battery in accordance with the user instructions supplied with the Activity & Sleep Tracker.
- Avoid charging your Activity & Sleep Tracker in extremely high or low temperatures.
- Do not wear your Activity & Sleep Tracker while you are charging it.
- Do not attempt to disassemble the Activity & Sleep Tracker or force open the built-in battery.
- Do not clean the Activity & Sleep Tracker when it is being charged. Always unplug the charger first before cleaning the Activity & Sleep Tracker.
- Do not dispose of your Activity & Sleep Tracker in a fire. The battery could explode causing injury or death.

♥ Health Disclaimer

WARNING: THIS Activity & Sleep Tracker IS NOT A MEDICAL DEVICE. The Activity & Sleep Tracker and its associated applications should not be used to diagnose, treat, or prevent any disease or medical condition. Always seek the advice of a qualified medical professional before making any changes to your exercise, sleep or nutrition, as doing so may cause severe harm or death.

♥ Other Notes

- Dispose of the Activity & Sleep Tracker, the Activity & Sleep Tracker's battery in accordance with local regulations. Do not dispose of the battery with regular household waste.
- Recycle your package in accordance with local regulations.